

Scientology

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'BLACK AND WHITE' TECHNIQUE SPEEDS PROCESSING TO 'CLEAR'

self-auditing now safe, even for heaviest incidents; need for assessment of each case eliminated

The hopes of auditors, who for two and a half years waited for L. Ron Hubbard to produce a technique leading quickly to the state of clear, have evidently been realized, according to early findings.

Technique 88 includes a process known as "Black and White," which for some time has been under test, but has not previously been released. Those who have employed this technique find that it answers the following requirements:

- I. It is learned easily and quickly.
- II. It does not have to be varied from case to case, but is the same process in any case, thereby excluding the necessity of "assessment."
- III. "Black and White" demands minimal auditor's skill.
- IV. A pre-clear can, evidently, safely process himself through heaviest incidents with this technique with minimal auditor consultation.

Mr. Hubbard said that "Black and White" testing was the reason he delayed writing "How to Audit." "Sufficient results have now been inspected to cause me to have confidence in an auditor's ability to use this technique, and a pre-clear's ability to handle it," he added.

By very rough estimate, it has been calculated that only 80 hours of auditing should be necessary, in the average case, to produce the state known as MEST clear.

Working on the basis that the individuality and the actual substance of the person is an electronic field, Mr. Hubbard spent considerable time investigating all the manifestations of energy and its behavior. These manifestations are few in number, and are readily identified. Once their manifestation on the life field is understood, the running of the basic incidents of the case becomes quite simple.

This technique is a considerable extension beyond the data given in the Summer Session of 1952, but has the Summer Session course as its basic.

While the technique has yet to be practiced broadly in the field, local findings seem to indicate that few complications will occur. The technique will be detailed in full in a new book now in preparation and is covered partly in "What to Audit," by L. Ron Hubbard.

This work, its discovery, investigation, and testing, was done by Mr. Hubbard out of funds contributed to him by interested persons in the field last Spring.

According to one auditor, "The highest hopes ever felt for the state of clear in the first book, DIANETICS, can be realized by the average auditor at last. I feel that we have begun the millenium. Nothing, no matter what obstacle, could possibly stand in the road of a technique which can make paralytics walk, and arthritis well in fifteen or twenty hours without exception."

england quickly hears news of 'black-white'

Less than 36 hours after L. Ron Hubbard's lecture in Phoenix, Ariz., on "Black and White" processing, rumors of the new technique had reached Chicago, New York, and London, England.

Several have expressed a considerable upsurge of confidence in what can now be done on a group, national, and international basis by Scientology.

To entirely justify this conference, "Black and White" must be validated by the use of the technique by individual auditors in the field practicing with no more than Mr. Hubbard's publication for data.

The exuberance with which Mr. Hubbard promises results as new techniques are discovered is so widely known that many in the field look upon these promises with distrust. However, Mr. Hubbard credits much of this skepticism to careless auditors who fail to thoroughly study their material, or to a penchant for adulterating the new techniques with one or more hybrid theories of their own.

Heavy processing of his own case during the last four months, which brought about the discovery of much of the new material, Mr. Hubbard says, has proven how almost foolproof this "Black and White" technique really is. In fact, use of these new techniques on himself has brought his own case to the state of MEST clear.

Instructors at the Phoenix Scientology Institute, where these techniques were given a thorough and successful laboratory test, warned auditors and students that "Black and White" does not shelve completely the older techniques.

"A competent auditor needs all his tools," they advised.

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the miracle of mickey hoff

by alphia hart*

When Mickey Hoff was ninety-three
(And twice as rich as you or me),
He'd bought a million pills or more
To keep the Reaper from his door.
Get well? Whom would you like to kid?
Not Mickey—but the doctors did.
Then Mickey heard of Hubbard College,
And, though he'd three degrees of
knowledge,
He took his aches, his pains, his glasses,
His paunch, and toothless gums to
classes.
What happened? Don't ask me, ask Jim—
I didn't get to audit him.
Here's what I saw (and this is straight):
That senile, snarling reprobate
Grew straight, and lithe, with face
cherubic—
A miracle! (A second public.)
While others' goals were demigods,
Old Mickey Hoff threw paperwads.
One day, he met a girl, sixteen,
And, with no moon to set the scene,
Said: "Look, I'm not in love with you,
But, since I feel Dynamic Two
Important, would you care to bother
Mothering the kids I father?"
"I see no need to bandy facts
Since I've erased my overt acts.
The things my parents did to me
No longer damn my pedigree.
I've sped in space ships to the stars;
In fact, I died ten times on Mars."
You think this maiden called police?
Or slapped his grinning frontispiece?
Heck no! They wed—but not because
His frank approach got her applause.
He proved to her, with black hypnosis,
They both were from the same mitosis!

*This elongated doggerel is meant neither
to amuse nor entertain. It appears here
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birth and prenats are no longer run as important incidents

Several have been asking the question,
"What happened to birth and prenats?"

Some have supposed that these incidents have been put into the background because they have become routinely accepted by medical and psychiatric authorities to the extent that Time magazine has quoted the head of a medical school in the United States as explaining a certain case's disabilities, to have been caused by birth; and to the long and serious article in Reader's Digest explaining why medical authorities accepted prenats.

This validation of birth and prenats as existing incidents, and recordings, had little to do with their current background position.

It has been discovered that "electronic incidents" underlie both birth and prenats, and that these incidents come off by the thousands in the form of locks when electronic incidents are run.

The most "die-hard" auditor on the subject of birth, whose fixation on running it on everyone became quite famous in the field, has begun to shift on the evidence of their own case which resolved to a marked degree when an electronic incident was run.

Electronic incidents form large spheres of "black." This sphere is easily mistaken for the womb, thus electronic incidents when approached by a pre-clear can be mistaken for prenats, and the prenatal comes off the electronic incident very easily as a lock. Many pre-clears, in approaching an electronic incident, hit a "dispersal" of energy and retreat from it into the relative safety of a prenatal which they then seek to run in lieu of the actual incident.

Birth forms an impression of a long black canal. This incident is quite commonly seen by a pre-clear the moment he strikes an incident of electronic variety known as the "Tumbler," which is a long black shaft with a small lighted opening at the end. The moment he finds himself in the "Tumbler," he is liable to bounce into a birth and seek to run this long black shaft as the birth canal.

Anyone returning immediately before birth also may find himself in a between lives area, and by running birth, seek to relieve the between lives situation, which it does not.

The anxiousness on the part of the pre-clear to run birth and on the part of the auditor, to run both is attributable to the overt acts of the pre-clear, or auditor, against parents. They seek to take the prenats and birth as the motivators, on justification, for having committed these overt acts against the parents. Anyone who is anxious to run a birth, or prenatal, can be demonstrated to have committed many overt acts against his, or her, parents.

the time track

One of the last things S/Sgt. William Johnson did before leaving Williams Air Force Base for Japan was to order the magazine SCIENTOLOGY sent to his home where it can be forwarded to him. He also got General Membership Card No. 1 . . . Speaking of firsts, Professional Membership Card No. 1 went to Gertrude Howard of Hardtner, Kans., a recent graduate of Phoenix Scientology Institute.

When the first issue of SCIENTOLOGY was being mailed, the office was cluttered with an unusually large number of "visitors." One of the harassed employees, tired of pushing her way through animate and inanimate debris, wrote on the blackboard: "Notice to Thetans: Kindly remove bodies from this office before leaving them."

Jose M. Otero of Los Angeles is negotiating a contract to interpret and publish some of the Scientology books in Spanish for circulation in Mexico . . . Dave Cysewski has become secretary of the Hubbard Associates of Puget Sound, and an intensive campaign is being planned . . . Four more students listed in Philadelphia. That Noyga-O'Brien combination deserves a dozen exclamation points. Here are a couple on account!! . . . Paul Gluchowsky has set up an auditing office in Mexico City, and wants all Scientology publications . . . Mrs. Alix Stansfield, who came to Phoenix for the Summer Session lectures and stayed to take the Professional Course, has returned to New York. Next stop: Europe.

Latest to come to Phoenix from Wichita, Kas., to find out what's happening in the field of Scientology and pick up information on late developments include Leonard Hunter and Genevieve Crist . . . The Burke Belknaps hope to be running intensives soon at a newly-acquired 50-acre riverfront home east of Fort Myers, Fla. . . . Leon D. Egan, part of the Los Angeles law-and-order brigade, hopes to retire from the force soon and take up full-time auditing . . . Circularized criticism of new techniques has brought a small flood of contributions to The Office of L. Ron Hubbard. "If the techniques need improving, we want to see that the research is in the right hands," said one.

These overt acts, much more than the prenatal, or birth, will relieve the case if run. Therefore, a fixation or desire to run births and prenats indicates infallibly overt acts or overt emotions against the parents. It is some times necessary to run a prenatal in order to relieve overt acts.

An auditor, a short time ago, had to run three prenats out of a case before the case would do anything, but this is now a rarity.

Birth and prenats have not been abandoned; it is simply that incidents have been found which cause these to come off as locks.

standards are set for mest and theta clears

certain incidents must be run until they show no reaction on e-meter

The term "clear" has been consistently misevaluated and poorly understood.

In the first place, it is a term borrowed from the field of electronic computers. If a computer added an arbitrary "five" into every computation, it would tell you that two times ten was one hundred; that one times five was twenty-five. This machine would not be "cleared" of all the numbers utilized in the computation previous to the current computation. It is easily seen that the mind thinks with data often occluded in some yesterday, which does not apply to the problem today, yet the mind adds in the old conclusion to the current problem whether or not it is applicable. A mind which does this is "uncleared."

Several definitions have been given for the word "clear," and the state itself. The state is relative, not absolute. A mind has so many data and factors, and the problems which it solves are so nebulous or indefinite, that the attainment of absolute solutions is relatively impossible. Therefore, the state of "clear" has been, is, and never will be other than relative, and should not denote an absolute or ideal state.

For the evaluation of a person at 4.0 on the tone scale, a 3.0 is relatively aberrated. From the view of a 3.0 a 2.0 seems quite aberrated. A 2.0, from his level, sees nothing but aberration in 1.5's, 1.0's on down.

On the other hand, a 2.0 is apt to consider the acts and decisions of a 3.0 quite aberrated, and a 3.0 is too conservative to do anything but suspect the enthusiasm of a 4.0. Thus, from various viewpoints on the tone scale, other positions of the tone scale are considered to be aberrated. It is definitely possible that a 3.0 and a 4.0 would consider an 8.0 or a 12.0 quite insane, for the lower scale positions would suspect the upper scale positions of acting without caution, conservation, and other manifestations which are considered to be absolute necessities for survival by the lower positions on the tone scale. With both annoyance and wonder, both the 3.0 and 4.0 would see that the 8.0 or 12.0 was surviving much better than those on lower positions. The lower position would not be able to understand why this is true.

The term, "sanity," cannot therefore be worked out on a level of viewpoint alone. Rather it is more effective to view actions and thoughts against the standard of "what is good survival activity in his environ-

ment." With this yardstick alone could one achieve an approximation of "sane conduct."

A person who found himself in a Roman arena might find himself forced to make the "sane decision" of fighting violently.

In a drawing room, the decision to fight violently would be quite insane. Thus, viewpoints are modified by the position in which one finds himself. The lower one goes on the tone scale the less able he is to make a decision in keeping with the time and place, and the more he is liable to make "set decisions."

From 4.0 on down a person's conduct has a monotony and rigidity in the face of any situation. A 2.0 always meets things antagonistically, a 3.0 is always conservative, a 4.0 is nearly always enthusiastic. Yet, antagonism does not serve in love making, conservatism is not called for when one is attempting a heavy attack against a force which will go down only in the face of verve, and enthusiasm is no mood to effect, for instance, agreement with a set of conservative bankers. The higher one rises on the tone scale, the better he can fit his method of address to the situation and the better protected he is against the effect of mistakes.

There are three types of clears which have been standardized for the sake of unity at this time.

A MEST clear could be defined as one who is relatively unaberrated and yet in body form. A THETA clear is one who is not dependent upon the physical being. A cleared THETA clear would be one from whom all major incidents on the whole track had been removed.

As the condition "MEST clear" has been announced as a requisite for a doctorate in Scientology, it is here defined at some length.

A MEST clear must have had the following incidents reduced to a point where they no longer register on an E-meter:

I. Any and all "borrowings."

II. Any and all aberrative blanketings of the explosive type.

III. The Iron Maiden.

IV. Any and all immediately dependent motivators, overt acts, DEDs, or DEDEXes intimately associated with the above incidents.

These incidents are described in WHAT TO AUDIT, revised edition.

A Theta clear would have to have all transfers reduced and any and all between lives eradicated. A cleared Theta clear would have all incidents reduced.

It will be noted that all of the incidents listed are of the electronic variety as these are found to be the only ones capable of causing severe aberration. These incidents are relatively easy to run by the technique known as "Black and White."

The formula for auditing as contained in WHAT TO AUDIT, revised, gives the sequence of removal of incidents for MEST clear.

There is another state known as "Optimum" which has been changed to mean the same as a "Fifteen," contained in ADVANCED PROCEDURES AND AXIOMS.

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and what of dianetics?

Origin of the word "Scientology" pre-dates dianetics by many years. Scientology was the word used in Ex-Calibur to describe the scope and purposes of the new science which was postulated with that volume. Scientology is devoted to knowing how to know and be all that one can be.

The therapy that went into Ex-Calibur was inadequate. The work was devoted to an identification and description of beingness of man, and while it was known that man was not a MEST body, techniques did not exist to discover this, and prove it beyond doubt.

Dianetics originated as such shortly after World War II, when it was applied as a therapy to various veterans as test cases. L. Ron Hubbard developed it in the following years as an independent and experimental project embracing the rehabilitation of homo sapiens, the alleviation of psychosomatic ills, and the re-establishment of reason.

The engram, a moment of pain and unconsciousness, was discovered to have perceptive content, and this was found to influence the behavior and health of human beings. The running of engrams and their analytical level blocks in the present lifetime was, and is, dianetics. Processes in dianetics are described in the Original Thesis which was written to the medical profession in 1948. In "Dianetics: the Modern Science of Mental Health," "Science of Survival," and "Self-Analysis," Dianetics achieved its complete form. In lectures of the period ending September, 1951, and in various articles Mr. Hubbard wrote for the Dianetic Auditor's Bulletin, the constantly changing form of Dianetics consisted of improvements directed to the running of engrams in one lifetime. Dianetics never embraced, officially, past lives or other riddles which existed during the later days of its development. In fact, the Foundation trustees, in their anxiety for public approval, had been known to pass resolutions to inhibit the release of material.

Dianetics presented to the public a changing face. Its experimental nature quite often discouraged authorities because they could not devote the time to study its improvements, and its techniques required considerable training which no medical man, or psychologist, could possibly afford.

While the Foundation put on the cover of the first book, Scientology Axioms, the word Dianetics was not authorized by Mr. Hubbard, and the first book which touches on Scientology is the book, "Advanced Procedures and Axioms," the first issues of which were promoted without a descriptive word for what they contained. The

"Handbook for Pre-Clears" was forthrightly called Scientology, but Scientology, going back to and emplying the book Ex-Calibur and continuing the work, never aimed at any goal other than the rehabilitation of human "beingness," above the level of bodies, or concerns of the physical universe. Dianetics treated the body as a being and sought no higher than the rehabilitation of that body.

With the discovery of techniques which could rehabilitate the beingness of an individual and place him in a situation of ability and power higher than man ever had dared assign to man, Mr. Hubbard recognized a point of stability, and with this stability, began to give forth the material contained in Ex-Calibur. This material never before was demonstrated for there were few methods of proving it. At the present time, however, techniques are so slick that the actual state of beingness is easily demonstrable, and thus cannot be subjected to any professional ridicule.

Scientology, beginning with the March lecture series of 1952, has become a complete and stable subject, reaching toward a definite and desirable goal, and no longer can be classified as an experimental technique. The laboratory of experiment was dianetics. Scientology, older and more stable, unsullied by commercialism, simple to use, easy to prove, now can step forward into human consciousness as a complete subject.

The processing goal of Scientology is not even vaguely concerned with psychosis, neurosis, or the rehabilitation, or re-establishment, of the condition of homo sapiens, in an individual. Individuals suffering from these can go forward on the road of Scientology, but the best techniques for psychosis were contained in dianetics, and still are.

Mr. Hubbard's use of the word "Scientology," in all of his writings at this time, declares his belief that a level has been obtained whereat the goals envisioned in 1938 may be achieved by simple and straightforward methods to the considerable advancement of individuals and societies.

Far from abandoning dianetics, Mr. Hub-

bard holds complete ownership of the word, its copyrights and its processes. Its publication, as listed above, will continue to be published and will be a source of interest to students of human behavior. Dianetics was a milestone, an experimental stage wherein an entire country was used as a laboratory to find out: (1) can man be interested in the rehabilitation of man- and (2) what type of organization can best carry forward the goals of the subject once attained?

Of the two, Scientology is much the older, and at the present time, is much more thoroughly validated, even, than dianetics which, itself, was the only completely validated psychotherapy known to man.

Scientology, its processes and tenets, are fully owned and copyrighted by L. Ron Hubbard. It is his entire interest in holding such copyrights to make certain that the subject and its materials cannot be monopolized by monied groups, or despoiled for the gain of men without conscience. It is no idle statement that he who controls Scientology might well change civilization. Mr. Hubbard believes that it must not be changed for the worst as some evidently would have it.

The use of the word "Scientology" on this publication and in other places should occasion no surprise on the part of those familiar with Mr. Hubbard's work, for the 1952 publications have used it continually. They should understand the exact difference between these two subjects so as not to confuse them for the two subjects are mainly different in that they have entirely different goals: Dianetics, the rehabilitation of a man as a man, a therapy usable on homo sapiens; Scientology as a gateway to freedom for the esthetic impulse and the human spirit. Both are sciences, each one distinct and individual.

It has been discovered in testing that the use of the word "Scientology" and public release of its goals, that it is an intensely more popular and agreeable subject to individuals than was dianetics, which, in itself, was popular enough to be the all-time record best seller for a technical work on the human mind.

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incredulity is erased by spectacular results scientology produces

If the results were not so spectacular, it is doubtful if any man or organization would dare to come forward with such revolutionary material as that developed in Scientology.

A line of reasoning, however, which would suppress this data merely because much of it was incredible to the general populace, also would deny to a sick earth relief from chronic somatics, criminology, insanity, and international political inaptitude. Theories and techniques are as valuable as they are workable, and no more. The current data in Scientology is doing something that no other body of knowledge ever has done before. Scientology is the only existing effective and fully validated psychotherapy and applicable knowledge, and the majesty of its results can be seen to be such that any postulate can be forgiven in the achievement of these results.

In a dozen hours, a pre-clear with a shortened arm grows two and a half inches on that arm. In twenty hours' processing of electronic incidents, a fully paralyzed young girl is active, dancing, walking again. Hitherto, hopelessly impaired sight has been remedied in twenty-five hours of processing. Deafness has been relieved in as little as a half hour's processing.

These results were achieved by accepting the evidence presented by the physical universe, not the evidence of opinion. Possibly the reason why the processing of severe psychosomatic illness, sinusitis, arthritis, and the rest of the long parade never was before effective was because man refused to accept certain truths about his own structure in the past and took, instead, an easy slavish agreement with others.

A Scientologist using the technique known as "Black and White" can make a "citizen" out of any objector to the findings on the whole track of electronic incidents, and the rest. The E-meter, a lie detector itself, validates these incidents.

Those who treated the insane in the past overlooked the fact that one out of three (estimated) persons in sanitariums were dramatizing incidents having to do with electronics. They took the dull conclusion that electronics came out of insanity, not that insanity came out of electronics. Even the very sane react violently to discussions about wave actions, impossible control of thought by waves.

In the past, no auditor could guarantee bluntly to a pre-clear that in twenty or fifty hours that pre-clear would be well, no matter what was wrong with him, within the limits of missing parts. With Scientology, today, that guarantee is not only possible, but is becoming standard. In fifty hours you can change the course of a lifetime to better the whole personality and well-being of a preclear, using Scientology.

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Reaction time is the length of time necessary for the body to react on a given stimulus. How long does it take an individual to see a stop light, and lift his foot off the accelerator, and put it on the brake? If the time between the sight and the beginning of his action is greater than 1/6th second, the individual is in trouble. He is too low on the tone scale to be trusted at the wheel of an automobile, and yet the bulk of people are around this time interval.

A jet pilot should have a reaction time for his own safety of about 1/12th of a second, yet few jet pilots can fly long and maintain a reaction time much greater than 1/7th of a second.

Scientology moves reaction time into the high brackets, and improves it by as much as half. An athlete, with a reaction time of 1/12th second, if given the proper attributes and training, probably could win any event in the Olympic games.

The dollar bill test is a crude measure of reaction time.

The individual is asked to extend his thumb and index finger horizontal to each other, pincer like, and open, about one inch. The other fingers are curled into the palm. The tester takes a crisp dollar bill straightend out, and holds it two inches above the "ready to pounce" fingers. The bill then is released suddenly and the individual seeks to snatch it by closing his thumb and finger. Some will not be able to clamp on it before it has passed through the fingers, some will seize it by its top edge, some by the picture on the bill, and some will catch it at its lowest edge, practically before it has begun to fall. The latter has an estimated reaction time of about 1/10th second. An inability to catch the bill indicates the person is below 2.0 on the tone scale, and such an individual is unsafe driving a car. Catching it in the center is just fair.

british doctor approves data found in first book

Dr. W. A. Gibson has made a statement in the British Dental Journal which should be of interest to Auditors in America.

Dr. Gibson said, "Every possible check made by myself over the last seven months on the authenticity of the data in the book (Mr. Hubbard's first book) has proved positive . . . the end results may be so extraordinary as to defy anticipation."

Knowledge in Black and White

If every word that ever has been printed were laid end to end, Alpha Centauri probably would be closer than the last period.

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the running of concepts

by I. ron hubbard

The running of concepts is a new development in processing which replaces, to a large degree except in psychotic cases, what formerly was called straight-wire.

Individuals commonly are able to obtain a concept much more easily than they can obtain a specific memory. Furthermore, when they run a concept, it is run out of an incident in which they are fixed, rather than out of the locks, where it does little good.

Concept running is the term given to this portion of Technique 80, and concept running alone is used for the light process running of Technique 80.

The dictionary definition of concept is, "an abstract general notion or conception." One has the concept, for instance, that another is tired, or that people are bored, or that he himself feels sorry for himself. Thought and emotion both are embraced in concepts.

Concepts are run on any and all dynamics.

Motivators, overt acts, DEDs, and DEDEXes (see WHAT TO AUDIT) all are run lightly on the conceptual level.

Heavy processing of effort and attention units is done as before with effort, counter effort, attention units, and counter units.

The Hubbard Chart of Attitudes is one of the swiftest methods of concept running. Across the top of this chart we have concepts of a more or less ideal nature, such as I KNOW, I AM, CAUSE, CHANGE, WIN, etc. At the bottom end of the scale on this chart we have the reverse of these concepts such as, I KNOW NOT, I AM NOT, EFFECT, NO CHANGE, LOSE, etc. (The complete chart may be found in THE HANDBOOK FOR PRE-CLEARs).

In the first, the auditor merely requires the pre-clear to "get the concept of not being." In the running of changing concepts, the auditor requires the pre-clear to get first the concept, "I know not," and then, "scan" this up to the concept, "I know." In other words, in the process known as changing concepts, one runs bottom scale up to top scale concepts. This can produce some very fast rises in tone and can take an individual out of incidents in which he is fixed.

Additional concept running is done on the emotional scale of the Chart of Attitudes, which goes from apathy, cowardice and fear, up to exhilaration. One can run these as single concepts, which is to say, one emotion, or as a changing concept, from a base emotion to a higher emotion. In the latter case, one actually is running a reverse emotional curve.

Concept running also includes specific

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thoughts. It does not include phrases and the auditor must be careful not to let the pre-clear repeat phrases, since these will repeat him into unconscious periods of engrams. Let the pre-clear simply get the concept contained in a phrase, and feel this concept rather than express it.

One also can combine a thought concept with an emotional concept. He can ask a pre-clear to get a concept of not liking dogs and, as he gets the concept, to actually feel that he dislikes dogs. Quite commonly the incident occasioning this dislike will come into view.

In the running of concepts, it must not be omitted that a pre-clear is quite often too low on the tone scale to remember things that are absolutely real to him, times when he was in good communication, etc. Further, the running of concepts actually can blunt his reality if he is permitted to go into incidents which are too heavy with these concepts, a thing an auditor finds difficult to prevent and about which he should not particularly worry beyond this remedy: After every period of concept running, the auditor should cause the pre-clear to remember specific incidents on the time track which seem absolutely real to him, and in which he was in good communication, where he felt affinity, or affinity was felt for him, or good communication was being given to him, and where he was able to give reality to someone.

Conditions and positions and states also may be run as concepts: the condition of being poor, of being happy, the position of something being near, far, high, or low—either socially, professionally, or actually—and the state of something being still, somebody standing, somebody lying down, something being in fast motion. The concepts in these cases can be combined with the concept of the desire to stop somebody from moving, or to start somebody who is not moving into motion.

The key concepts on any case are those to be found on the Chart of Attitudes. One can amplify this chart by putting the words, "Try to," or "Trying to," in front of

these conditions. Such as, the concept of trying to know, the concept of trying to get somebody else to know, the concept of trying to be, the concept of trying not to be, the concept of trying to get somebody else to be cause, etc.

All concept running is productive of considerable result, but, as in any type of processing, it must be remembered the pre-clear can get only a limited number of concepts as overt acts before he has to get concepts as motivators. He has to get a number of concepts as motivators before he can get them as overt acts. Thus, be sure to run concept running along all of the dynamics. For example, here is a routine that can be followed:

1. Get the pre-clear to get concepts about himself.
2. Get him to get concepts about other persons. Get him to get concepts of trying to do something, or to be something about himself, trying to do or be something with or about others.
3. Concepts of others feeling emotion toward him.
4. Concepts of himself feeling emotion toward others.
5. Concepts of a state of beingness, such as tiredness on the part of others, as in making somebody feel tired, or in tiredness on the part of self.

A chart of all possible aberrations would demonstrate that concepts can be fitted into an inner play of dynamics, so that the first dynamic feeling tiredness then could be rotated into the remaining dynamics feeling tiredness. Or one could take a group feeling tiredness on the part of individuals.

There is a validation type of concept running whereby one merely runs happy or corroborative states and data, top tone scale material. This can be run quite successfully, and often results in keying out low-level engrams.

In running attention units and counter units, one quite occasionally finds it advisable to ask the pre-clear to get a concept. The pre-clear is never asked to get a phrase. Because of newer and more efficacious techniques, phrases have not been run for almost a year.

Concept running will be found quite as effective as straight wire, which it replaces.

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